



# WHEN IS IT TIME FOR YOUR AGING LOVED ONE TO **HIT THE BRAKES?**

It's one of the hardest things older people have to do - give up their car keys. There is no magic number - no set age when people should stop driving, but there are red flags that should trigger the driving discussion. ❤️



Giving up the car keys doesn't mean your aging loved ones have to give up their independence. At HCAN, our caregivers provide transportation services - driving our clients to doctors appointments, the grocery store, the pharmacy, lunch with friends and more.

Contact us to learn how our caregivers can help your loved one remain active & independent.

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- ➡ Does your aging loved one get lost on familiar routes?
- ➡ Does he/she drive much slower than the speed limit?
- ➡ Have you noticed new dents, scratches or other damage to his/her car?
- ➡ Has your loved one received a warning or ticket for poor driving?
- ➡ Has he/she experienced any close calls?
- ➡ Has his/her doctor expressed concerns?
- ➡ Does your loved one take medication that may affect their ability to drive?
- ➡ Does he/she have a chronic physical condition that may impact their ability to drive safely - Alzheimers, Parkinson's disease, arthritis, glaucoma, etc.
- ➡ Does he/she get overwhelmed by traffic, signals, road markings, etc.?
- ➡ Does your loved one become angry or defensive when you talk about his/her driving?

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**HomeCare**  
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